

## The Treatment Room @ Flear

The treatment room is open by appointment with our in-house therapist, Donna Blight.

Please contact Donna on 07834 813358 or e-mail at [monarchdrb@gmail.com](mailto:monarchdrb@gmail.com), where she will be happy to discuss options with you and make arrangements as required. Please also mention your cottage name when making enquiries.

### Massage

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| Back, neck and shoulder (30 mins)   | £30 |
| Full body massage (55 mins)   | £50 |
| Full body, including face and scalp (60 mins)                                       | £55 |
| Full body aromatherapy massage (55 mins)  | £55 |
| Full body aromatherapy including face and scalp (60 mins)                           | £60 |
| Pressure point scalp massage (30 mins)  | £30 |
| Reflexology (45 mins)   | £40 |
| Tibetan massage (90 mins) *luxurious massage using warm oil and hot herbal poultice | £80 |

### Facials

Aromatika products – organic and natural skincare handmade in Devon, SLS & parabens free, not tested on animals, vegan friendly. Suitable for all skin types.

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| Mini facial including hand and arm massage (30 mins)             | £30 |
| Full facial including face, hand, arm and foot massage (50 mins) | £45 |

### Body treatment

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| Full body exfoliate with full body massage (55 mins) | £60 |
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### Manicures and pedicures (with OPI products)

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| Express manicure or pedicure (25 mins) *nail shape, cuticle tidy & varnish                    | £20 |
| Full manicure or pedicure (40 mins) *nail shape, exfoliation, cuticle tidy, massage & varnish | £30 |

### Packages (1hr 40 mins)

#### For Her

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| Back, neck and shoulder, Mini facial & Express manicure or pedicure | £80 |
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#### For Him

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| Deep tissue massage to back & back of legs, Mini facial & Express manicure or pedicure | £80 |
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For your welfare and protection only professional products are used and the therapist is fully trained and insured.

Protection of your clothes and jewellery: Any responsibility for damaged / lost clothing or jewellery cannot be accepted by the therapist.